

# Hornets Fly Into Super Training Session

## Super Training session brings academies together in the Hunter Region

On Tuesday 25th of March, students from various Clontarf academies across the Hunter region gathered for an energising and fun-filled morning training session. The event was designed not only to get everyone active but also to promote camaraderie and collaboration among different academy groups.

A wide variety of games were played, including the fast-paced "10 Pass Game," Ultimate Frisbee, and the high-energy "Head, Shoulders, Knees, Cone" challenge. Each activity encouraged teamwork, coordination, and communication, all while ensuring that everyone stayed engaged and active.

One of the highlights of the morning was seeing the students from different academies mix and interact. Despite being from different academies, the students all came together to start the day on the right foot. The friendly atmosphere, filled with high fives and laughter, created a strong sense of community and helped everyone get to know one another better.

The morning sessions, which are a regular routine, provide a perfect opportunity to build connections between academies while maintaining physical activity as a central part of the day. The success of this event proves the power of collaboration and the importance of creating a positive and supportive environment for these young students.

We finished our day by taking the kids tenpin bowling to wrap up our camp with a fun activity where everyone got involved and had a laugh. Overall, it was a fun camp where the boys from all different year groups came together.

